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## Kevin Wallace

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## Professional Summary

Community-focused health and wellness professional with extensive experience in movement education, accessible fitness programming, and volunteer service. Brings a collaborative, service-oriented approach with a strong commitment to public well-being, inclusive recreation, and lifelong physical activity.

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## Professional Experience

### **Owner / Wellness Coach & Movement Instructor**

**NewLife Holistic Wellness** — North Port, FL

*2019 – Present*

- Design and deliver accessible movement, wellness, and fitness education for adults, seniors, and community groups
  - Emphasize injury prevention, balance, mobility, and sustainable physical activity
  - Create programming that supports physical health, mental well-being, and community connection
  - Collaborate with local organizations and venues to offer inclusive wellness experiences
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## Certifications & Professional Training

- **ISSA Certified Personal Trainer (CPT)**
- **Certified Yoga Teacher from Yogamu** (Yoga Alliance Accredited )
- **Dual certification as a Health and Life Coach from the Health Coach Institute**
- **The Foot Collective Pro (Advanced Movement & Foot Health Education)**

### **Continuing Education:**

Ongoing professional education in functional movement, balance training, and accessible fitness programming.

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## Community & Civic Involvement

### **Volunteer Officer**

#### **VFW Men's Auxiliary – North Port, FL**

- Supported veteran-focused initiatives and community service efforts
- Contributed to organized volunteer leadership and civic engagement

### **Member**

#### **North Port Chamber of Commerce**

- Engaged with the local civic and business community
- Supports community growth and collaborative initiatives

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## Areas of Relevant Expertise

- Parks & recreation programming support
- Community wellness and preventative health
- Balance, mobility, and fall-prevention principles
- Inclusive and accessible physical activity
- Public space utilization and community engagement

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## Availability

Available for regular monthly meetings, preparation time, and ongoing service commitments associated with advisory board participation.

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