Kindness Community Presentation to North Port City Commission

North Port, Florida

By Jacqueline Moore, The Power and Light Co., LLC

April 25, 2017

Resolution 2017-R-



Kindness Community creates social change that makes Kindness a way of life.

"

Kindness is Free. One can give and give and receive and receive it, and the well inside of us will never dry up. It brings us all together cheaply, and with a priceless aftermath. It can't hurt you or anyone else.

"

The Journey so far...



The Power and Light Co., LLC

Kindness Community is creating awareness, understanding and actions...

- Kindness social communication platforms;
- "Kindness Is..." Video Campaign (Proclamation coming up next month in North Port);
- "Kindness Pledge" available online at <u>www.experienceGoodwill.org/kindness</u>;
- Engaging and speaking to civic groups and other organizations about the critical link of Kindness to their Missions
- ▶ Implementing the "Kindness in the Workplace Speaker Series" in the Summer of 2017;
- > Pursuing Kindness in Schools, Civic Groups, etc.
- Organizing "Pop Up" conversations around our region about Kindness and ways to engage personally and collectively in expanding it;
- "Kindness Community" website under construction;
- Engaging high profile individuals in "Kindness Community" efforts to spread and reinforce the message and help effect behavior change;
- Expanding network of public and private sector entities that embrace the focus on Kindness (example The Local Tea Company in Sarasota creating a Kindness Community-branded tea whose proceeds benefit Veterans served by Manasota Goodwill Inc.)
- > Reaching out to other communities for inclusion in the "Kindness Community" via Proclamations or Resolutions

What could be next for the City of North Port?

- Continue to support the Community's efforts to raise the vibration of Kindness
- Officially invite your peers in surrounding Counties and Municipalities to follow your lead and take an "official" stand for Kindness
- Have all City of North Port employees engage in the 30-Day Kindness Challenge
 - complete a Kindness Quotient Assessment before and after the 30 day process and upgrade and repeat annually

6

- Encourage all departments to include voluntary results-sharing at meetings to continue deepening awareness and understanding
- Include Kindness in the City's values
- Include Kindness on all Agendas
- TBD



